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Mid-Collegiate Bridging Module AIS 3001

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### Reflection Paper

Personality comes in all shapes, orders and sizes. Throughout the AIS3001 Mid Col Exp Bridging course we learned a lot about ourselves and our careers. We were given several assignments that required us to reflect on our personalities and the careers we have chosen or would like to have for ourselves. The assignments and assessments were rather eye opening.

As you know, this course is a part of the BTAS Program. After taking six years off and life not going quite the way that I had expected, planned or even wanted, I decided to come back for my bachelors and after obtaining my Associates in 2015. It was a last minute decision but I am happy to be following through with something I have been looking forward to achieving. I think that this course was beneficial, I believe that it was a good course to start out the BTAS program with. Starting with this course allows us to thoroughly dive into what our interests are and what career plans we have for ourselves. As well as going through our skill sets that we currently have and the skills that we need to improve or gain.

The several assessments gave similar perspectives. For instance, it makes you think about those real world daily encounters you might have with others - family, friends, clients, coworkers, etc. It makes you think about the way you might approach or interact with them.

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most people, we might know why they are reacting the way they are. With knowing your personality and being aware of the other personality types, you might be able to utilize how you respond to them.

This course and the work behind it was important because it is key to know yourself and what you believe in before you find your career. It might not happen right away. As someone who is a business owner, there is one thing that I have observed and learned rather quickly. It is important to your business, clients and will show in your success. Because you need to be able to work with several personality types and know how to serve and respond to each type.

Becoming a certified doula, you have to go through some in person/virtual training as well as take the online exam modules. In the 20 hour in person/virtual training we learn a small portion of the DISC (Dominance, Influence, Steadiness, Conscientiousness) model. In already knowing that, I found it even more interesting leaning further into the 16 personality styles.

Throughout the course we went over several topics, which included: orientation and academic research, academic writing and annotated bibliography, WordPress (creating our ePortfolios), personalities, goals, and our career. The wordpress portion in creating our ePortfolio was beneficial, especially when utilizing it later in our programs and to neatly be able

to showcase our work/goals. I also believe that having an ePortfolio will be resourceful for future employers and myself to have to reflect on. With the way that social media and

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technology are going, having an ePortfolio will make life simpler. Not only does having one allow you to constantly stay up to date on it but it will also allow you to learn the skills that are needed to create one. In return you would be able to add that to your skillset and potentially be able to utilize that knowledge you have in a future job interview. My favorite portions of the course were the personality assessments and reflections on what that meant to us. In doing those assessments, it made me learn more about myself and understand myself better. As I learned about my opposite personality style and the other styles, it helped me learn more about my husband and understand him better. I think it is amazing that we all have so much to learn about each other. I appreciate the opportunity to take this class as a learning experience for my career and my personal life. Just as it was beneficial to my relationship, it was just as beneficial for incorporating that to the clients I work with, now and in the future. WordPress was beneficial and a nice refresher. I am the volunteer Marketing Coordinator for an Organizational Empowerment and I am in charge of some of the tasks on the webpage that is also run through WordPress. So it has helped me stay on track with my skills and tasks knowing how to run and use WordPress properly.

We learned about a few different concepts, such as; storyboards, Think-Pair-Share, and SMART (specific, measurable, achievable, relevant, time-bound) goals. Those were a few great concepts that we can incorporate what we do at work in our everyday lives. I personally liked the SMART goals the most. Using SMART goals helps you break down your goals into smaller

sections so you can see specifically what steps you need to take to successfully achieve your goal. I am currently using the SMART goal with my BTAS program. My goal is to obtain my

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Bachelor's degree in May of 2023. I am taking it step by step though with making sure my goal is specific (Bachelor's degree), measurable (track my classes), achievable (staying dedicated and on the right course with classes), relevant (in line with what I want for my future and my Associate's), and time-bound (given timeline until May 2023). Watching those short or even long term goals is important. The goals seem to be more appealing and obtainable when you have small boxes to check off, instead of a few large tasks to complete in a short amount of time.

Some of the leadership skills that my chosen career might entail, is having that strong sense of leadership, decision-making and determined personality. Being a business owner takes a lot of self discipline, determination and motivation. Being aware of how to learn those skills or to naturally have them is important. Along with the strong leadership skills, you also have to know how to be empathetic towards your clients. Show them that you're here for them and being able to allow yourself to show and have emotions towards and with your clients takes patience.

Taking the assessments really made me think of what I do today and what I will do one day full time as an entrepreneur. It validated how much I have a passion for what I do and what I am skilled in and made me realize that I am on the right path to where I want to be. It is also important to know how to communicate to your clients and to your family/friends. This course will help you in your professional life but it also continues to help in the day to day life of your

family/friend interaction. The assessments and this course encourage you to understand other personalities and therefore, you're beginning to understand more about those around you.

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I am the Volunteer Marketing Coordinator for an organization called Organizational Empowerment. I utilize a lot of what I do for the organization on WordPress. I thought it was pretty cool when we began to create our own WordPress site during the class. I've been able to improve my skills that I have on WordPress and successfully put them to use on our organization's website. I am beginning to feel confident in the work I am doing. I had to add a new menu and blocks into the website and I was able to go right through the process in adding what was needed without needing to research any extra information because it was everything that we had already learned throughout this class. I love that I am already able to put my work from the BTAS Program and Mid-Collegiate Bridging Module AIS 3001 to use.

Throughout our team assignments I feel like I took the main leadership role. When it came to reaching out and communicating that things were done and how they were going to get done, I typically was the first to speak up. Although, that has a lot to do with preferring to get errands/assignments done and as soon as possible. I usually like to take the lead on group projects though, but it is always interesting to see how every group interacts differently, which we know has a lot to do with our personality styles. Communication was another key factor to our group assignments and the course in general. I communicated effectively when we were given the group assignments. For our group assignments, I was able to create a message thread so that we could all communicate effectively to each other. I also communicated effectively by properly turning in my homework on time before the deadline.

In my field it is important to have a strong leadership style and effective communication skills. It is almost mandatory that you are motivating and continuously determined as an

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independent business owner. There are a lot of pros that come with the career but there are also some cons that come along, just like any other job. As a business owner you are presenting leadership skills in a variety of areas. Being able to teach leadership skills would be an important quality to have. Overall, there are a lot of things to think about when it comes to your career and owning a business. You can do anything that you put your mind to. This course was helpful in pulling out those skill sets and potentially even ones you did not even know that you had.